- 1. The two most important day s in your life are the day you are born and the day you find out why. Mark Twain
- 2. You are braver than you believe, stronger then you seem, and smarter than you think. Christopher Robin (A. A. Milne)
- 3. No act of kindness, no matter how small, is ever wasted. Aesop
- 4. Whatever you are, be a good one. Abraham Lincoln
- 5. The greatest glory in living is not in never falling, but in rising every time we fall. Nelson Mandela
- 6. When you come to the end of your rope, tie a knot and hang on. Thomas Jefferson
- 7. Be kind whenever possible. It is always possible. Dalai Lama
- 8. It's not the load that breaks you down. It's the way you carry it. C.S. Lewis
- 9. Practice random kindness and senseless acts of beauty. Anne Herbert
- 10. To the world, you are one person. But to one person, you may be the world.
- 11. You miss 100 percent of the shots you don't take. -Wayne Gretzky
- 12. Remember there's no such thing as a small act of kindness. Every act creates a ripple with no logical end. Scott Adams
- 13. Those who bring sunshine to the lives of others, cannot keep it from themselves. J.M. Barrie
- 14. Courage always doesn't roar. Sometimes courage is the quiet voice at the end of the day saying, "I will try again tomorrow." Mary Anne Radmacher
- 15. You don't get harmony when everyone sings the same note. Doug Floyd
- 16. Kindness, like a boomerang, always returns. Unknown
- 17. When given the choice between being right or being kind, choose kind. Dr. Wayne W. Dyer
- 18. Lie isn't about finding yourself. Life is about creating yourself. George Bernard Shaw
- 19. What you do every day matters more than what you do every once in a while. Choose kind every day.
- 20. Fashion your life as a garden of beautiful deeds. Unknown
- 21. When it is dark, be the on who turns on the light. Joseph?
- 22. The smallest good deed is better than the grandest intention. Unknown